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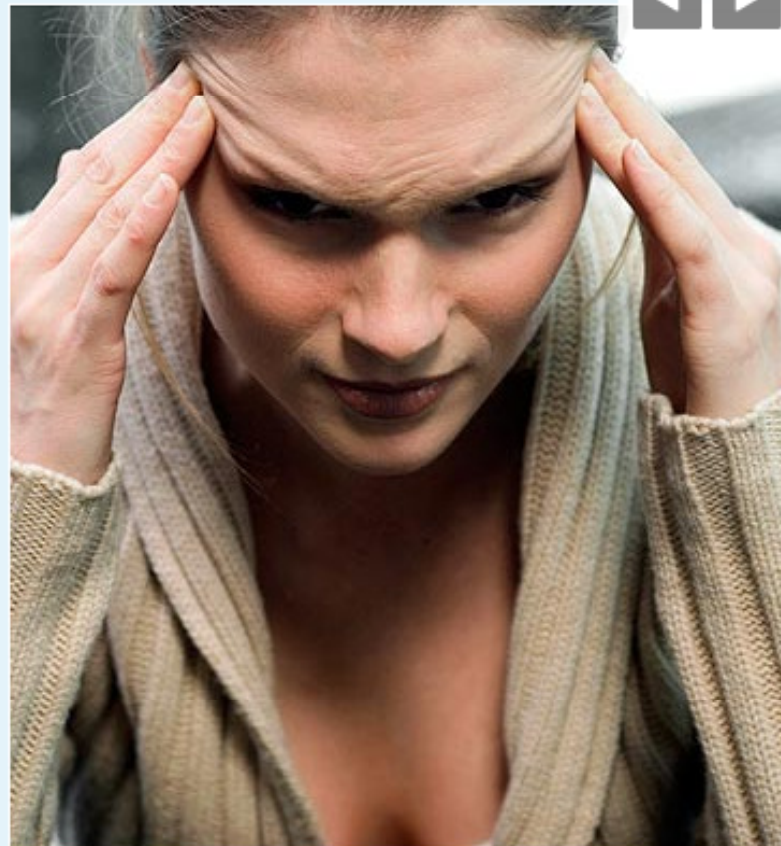
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Global Remedies

Potato Halves for Headaches

A health tip from South of the Border? Rubbing potato halves on foreheads to relieve headaches. Is there any truth to this treatment? "A potato has lipoic acid, an antioxidant that may help," says Jacob Teitelbaum,

More Healthy Living

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