

SWEET NEWS FROM FDA

The FDA has approved a new low-calorie artificial sweetener that will be the safest on the market to date, according to Dr. Jacob Teitelbaum, author of "Beat Sugar Addiction Now!" The new sweetener is called advantame and won't have to carry the standard warning seen on other brands. Advantame can be taken in smaller doses because it is 100 times sweeter than competitive products such as saccharine and sucralose. "I have reservations about the other sweeteners already on the market but I think advantame is safer because you use less," says Dr. Teitelbaum. Put that in your packet, and drink it.

